



Honey Milk Balls

Makes: 20 servings

Ingredients

- 1/4 cup** honey
- 1/4 cup** peanut butter
- 1/2 cup** dry milk, non-fat
- 1/2 cup** cereal (crushed)

Directions

1. Mix honey and peanut butter.
2. Gradually add dry milk and mix well.
3. Chill for easier handling.
4. With greased hands, form into small balls.
5. Roll in crushed cereal flakes.
6. Chill until firm.
7. Refrigerate leftovers within 2 hours.

Note:

Honey should not be given to children less than one year of age.

Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	40	
Total Fat	1.5 g	2%
Protein	1 g	
Carbohydrates	6 g	2%
Dietary Fiber	0 g	0%
Saturated Fat	0 g	0%
Sodium	15 mg	1%



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