



4-H CAMP NEWS

All Things 4-H Camp--2023



UNDER THE STARS

Join us for an "out-of-this-world" camp experience where cabin groups are from different planets and activities are found in the stars.

4-H CAMP IS JUST AROUND THE CORNER!

We are excited that your 4-H campers will be joining us for Walworth County 4-H Camp at Upham Woods Outdoor Learning Center June 23-26. This year's theme is "Under the Stars." This newsletter contains practically everything you could ever want to know about Walworth County 4-H Camp. If you still have questions after you have read through it, don't hesitate to call us! We will do what we can to get you answers and put your mind at ease.



We are ever-grateful to our Walworth County Junior and Senior Leaders' Associations who heavily subsidize the 4-H Camp experience to keep it affordable for our 4-Hers. Most of the funds raised for this effort come from the House of Pork (HOP) fundraiser. With that in mind, we hope you will consider volunteering for a HOP shift during a 2023 fairgrounds flea market or your club's assigned time during fair week. Details about HOP opportunities can be found in the *4-H News Blog*.

Best,

Debbie Harris
4-H Youth Dvpt. Educator
262-741-4959

Janel Heidelmeier
4-H Program Educator
262-741-4960



CAMPER FORMS

All camper forms must be complete and submitted in order for campers to board the bus to camp. These forms, required by Upham Woods, include: 1) *Agreement for Assumption of Risk*, 2) *Photo Release Permission Form*, 3) *Health Form*, and *Youth Expectations Agreement*. They are available in a fillable PDF format at <https://go.wisc.edu/rz3r24>.

Deadline to submit camper forms by mail is June 15. Email or drop-off deadline is June 19 at 9 a.m. We won't have the capacity to collect camper forms during camp check-in, so your commitment to meeting these deadlines is appreciated.

REPORT FOOD ALLERGIES BY JUNE 11

So that we can prepare the kitchen staff at Upham to best serve our campers, please take a moment to report any food allergies that your camper(s) may have at <https://go.wisc.edu/jg8t1j> **no later than 11:59 p.m. on June 11**. If your camper(s) have no food allergies, you don't need to participate in this survey.

CAMP CHECK-IN PROCEDURES

Camper check-in will occur in the Park Stage area of the Walworth County Fairgrounds (just west of the animal barns) on Friday, June 23 from 11 a.m.-11:25 a.m. During check-in, you will...

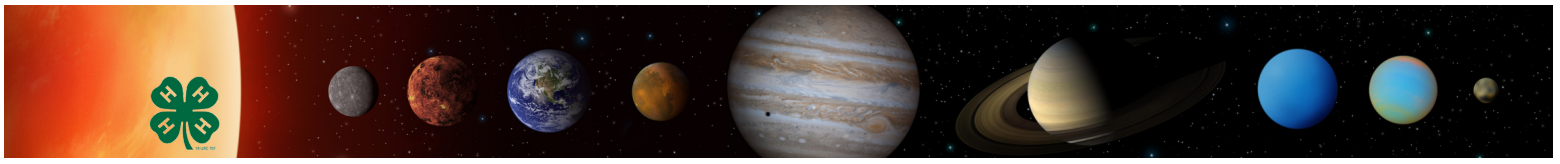
- 1) Complete a *Medical Form Update* for each of your campers;
- 2) Designate who is authorized to pick up the campers in your family at the end of camp week and provide that person's phone number;
- 3) Turn in camper prescription medications directly to the FIRST AID STAFF member;
- 4) Turn in your family's snack donation item.

When you have completed the check-in process, you'll drop your camper(s) off with their cabin group(s). Cabin counselors will ask you to complete a quick "bag check" form and then help your camper(s) color code their belongings. Around 11:30 a.m., cabin groups will begin to mobilize for boarding buses. Our goal is for buses to leave the fairgrounds between 11:45 a.m. and noon.

SACK LUNCH NEEDED

Campers will need to bring a clearly labeled sack lunch and beverage to enjoy on the bus ride to camp. Please bring this to check-in with you bagged separately from their luggage.





NO ELECTRONICS--NO PHONES

Campers are not permitted to bring any electronic devices (for gaming, music, taking pictures, etc.) to camp with them. These items are a risk in terms of getting lost or stolen. They also tend to cause exclusionary behavior and distract campers from camping "in the moment" with their fellow cabin members. Cabin counselors will be providing music and entertainment for their campers.

Campers are absolutely prohibited from bringing cell phones to camp with them. Phone communication with home increases the risk of homesickness both for the campers making the calls and the campers watching the calls be made. Additionally, due to our 4-H photo release policy, campers are not allowed to take pictures of each other during camp week--a risk that increases significantly with cell phones in campers' possession. If cell phones are discovered on campers during camp week, they will be confiscated and returned at check-out.

Campers will not be allowed to call home or accept calls from home unless there is an emergency.

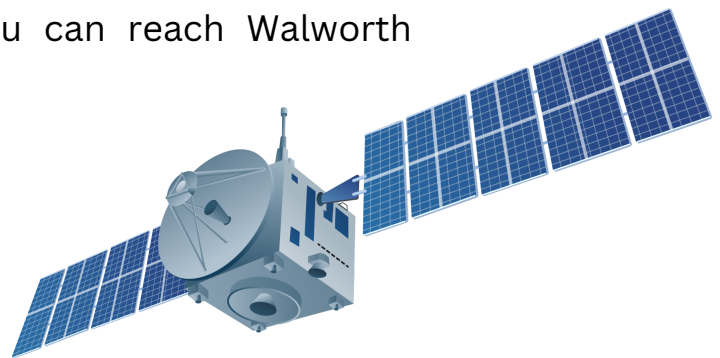
CONTACTING CAMP

In case of emergency during camp week, you can reach Walworth County 4-H Camp by calling...

Upham Woods Office--608-254-6461

Debbie Harris' Cell Phone -- 262-379-9784

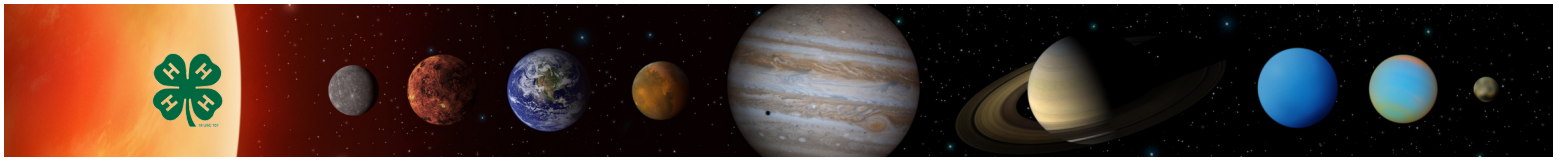
Learn more about Upham Woods at
<https://fyi.extension.wisc.edu/uphamwoods/>.



SENDING CAMPER MAIL

If you'd like to send your camper(s) mail, you may do so using the following address: Campers' Name--WalCo, Upham Woods Outdoor Learning Center, N194 County Road N, Wisconsin Dells, WI 53965.

Send mail by June 19 to ensure that it arrives in times for campers to receive it before we leave. Do NOT send food or candy in your camper's mail. Snacks in cabins attract unwanted creatures.



WHAT TO PACK

Limit belongings to one suitcase or duffel bag and one sleeping bag or sheet/blanket combo. It is a long hike up the hill to the cabins. LABEL ALL ITEMS WITH CAMPER'S FULL NAME.

Items campers will definitely need...

- Sleeping bag OR sheets and blanket
- Pillow (pack in a well-marked garbage bag unless it fits in your other bags)
- Towels (for bathing and swimming)
- Sweater or sweatshirt
- Both long and short-sleeved shirts (old clothes are appropriate)
- Shorts and long pants
- Sandals or crocs for showering and swimming
- 2 pairs of closed-toe shoes (at least one pair of tennis shoes); old shoes recommended
- Underwear and socks
- Pajamas and swimsuit
- Rain gear (poncho or rain jacket)
- Medications and toiletries
- Snack donation item (one per family; see page 5 of this newsletter)
- One well-labeled refillable water bottle

Bug repellent and sunscreen will be provided for each cabin, however campers are also welcome to bring their own from home.

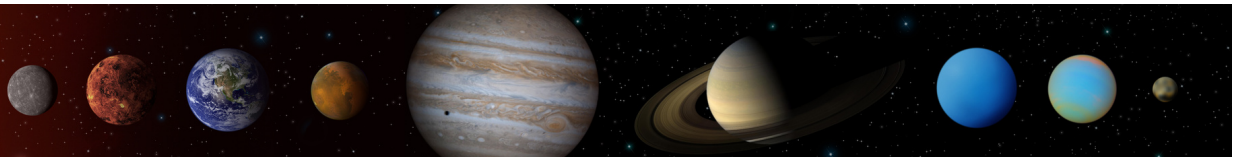
Optional items...

- Paper, pencils, envelopes, stamps
- Addresses of friends and family
- Quiet activities (cards, books, etc.)

Do NOT bring...

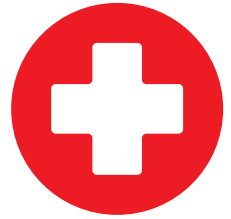
- Cell phone or other electronic devices
- Beloved or expensive jewelry
- Personal snacks, candy, or gum
- Fans
- Pocket knives

SHOULD ANY INAPPROPRIATE ITEMS SURFACE AFTER PARENTS LEAVE CHECK-IN, COUNSELORS WILL CONFISCATE THEM FOR RETURN TO PARENTS DURING CHECK-OUT. IT IS OUR INTENTION TO TAKE EVERY STEP POSSIBLE TO ENSURE THE SAFETY OF OUR CAMPERS AND WELL-BEING OF THEIR "STUFF." PARENTAL SUPPORT OF THIS EFFORT IS GREATLY APPRECIATED.



BRINGING MEDICATIONS TO CAMP?

If campers are bringing any medications to camp, be aware that they must be turned in directly to the camp FIRST AID STAFF member during check-in, and they must be in their original packaging.



Please seal medications in zip-style bags with your camper's FULL NAME clearly written on the outside in permanent marker. If the medication requires refrigeration, please write this on the bag, as well. If you have multiple medications for one camper and some require refrigeration while others do not, pack two separate bags. Provide a brief note of explanation inside each bag confirming what conditions the medicines have been prescribed for.

Our camp FIRST AID STAFF member will have basic medications and ointments available at the First Aid station for campers that need them. This includes anti-itch lotion, Tylenol (acetaminophen), an antihistamine, Ibuprofen, etc. Please do NOT send such medications to camp with your campers. Of course, these types of remedies will only be used with parent permission. Parents/guardians must check the consent on the *Health Form AND Medical Form Update* sheet in order to authorize use of such meds.

FAMILY SNACK DONATION

Each camp family is asked to bring a single snack donation to share. These items will be collected at check-in. Absolutely no food or candy is allowed in camper cabins as it attracts unwanted 4, 6, and 8-legged visitors. In an effort to offer healthy snacking options, we are asking that families bring items from the categories below.

- **Last Names Starting with A-HARR:** Fruit (watermelon, bananas, strawberries, oranges, apples, or seedless grapes)
- **Last Names Starting with HART-LE:** 1 large bag of plain popcorn, cheese-flavored popcorn, or pretzels (no spicy cheese-flavored popcorn, please)
- **Last Names Starting with LO-RE:** 1 box of Ritz crackers, Oreo cookies, fruit snacks, or cheddar fish crackers
- **Last Names Starting with RO-Z:** Cheese cubes/curds OR a log of summer sausage



TIE DYE WORKSHOP OPPORTUNITY

Tie dying has been a beloved tradition at our camp for many years. This year, a limited number of campers will have the opportunity to tie dye an item or two as part of our annual "Workshop Night" evening program. Campers interested in participating will sign-up for this class during camp week on a first come, first serve basis until all slots are filled. Participants will need to bring a white or light-colored 100% cotton t-shirt with them. For best results, that shirt should be freshly washed without the use of any fabric softener.

WHEN YOU GET TO CAMP...

Campers who have never been to 4-H Camp before may be wondering just what will happen when they arrive. Here are some things campers can expect...

Once buses arrive at camp, campers will unload their belongings and participate in a short opening session led by the 4-H Camp Junior Director and Upham Woods staff. They'll review the camp rules, find out what the days and nights will look like, and learn more about this year's theme. Then, they'll move into their cabins.

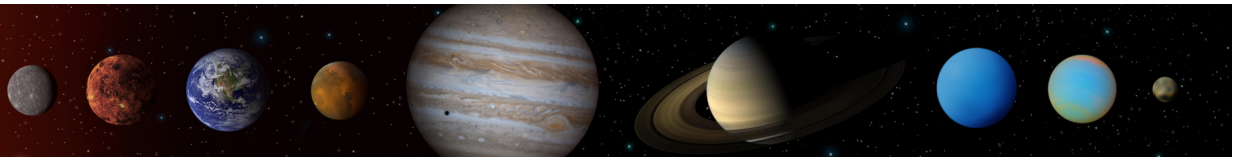
In the cabins, campers will get better acquainted with one another, decorate, and prepare for swim tests. Later in the day, they'll enjoy dinner, participate in a fun scavenger hunt, engage in some friendly competition with their cabin mates, enjoy snack, and attend opening campfire. Eventually, they'll head back to their cabins to sleep. Camp days will be very busy and very fun!



CAMP ACTIVITIES

This year's camp daily activities will include two sessions of Arts & Crafts, Recreation, Swimming, Canoeing, Skits & Songs, Archery, Nature Science, and Quality Cabin Time.

Our special camp programs will consist of annual favorites including: a **Scavenger Hunt**, **Land Games**, **Opening & Closing Campfires**, a circle **Dance**, and **Workshop Night**. Plus, we'll be doing some night hiking this year and get in some star gazing.



CAMP CHECK-OUT PROCEDURES

Camper check-out is on Monday, June 26 at approximately 1:15 p.m. in the Park Stage area of the Walworth County Fairgrounds. Buses will be leaving from Upham Woods at approximately 11:00 a.m. and will be traveling home with one bathroom stop. Campers will be eating a sack lunch on the bus during the trip home.

To insure camper safety and prevent chaos during check-out, parents are asked to abide by the following:

- Please do NOT arrive at the fairgrounds for check-out before 12:45 p.m. on June 26.
- When you arrive, visit the check-out table to sign out your camper(s). **BE PREPARED TO SHOW PHOTO ID.** You will be given one claim card for each of your campers.
- Wait for campers to completely exit the buses and form orderly cabin groups away from the busing area. This may take a few minutes. Cabin counselors will be instructed to keep the cabin group together.
- You will present your claim card to the cabin counselors in charge of your camper(s) so they can release them to you.
- Accompany your camper(s) to the luggage piles forming along the side and back end of each bus to collect all of your family's belongings. Campers should know which bus their stuff is being removed from. Make sure you have EVERYTHING. Your camper's belongings will likely be packaged differently than when YOU last saw them.
- Safely make your way to the parking area to leave. Use caution when exiting.

If you turned medications in for your camper to take to camp, you will NEED to visit the camp FIRST AID STAFF member in the check-out area before you leave the fairgrounds. Be aware that she will be traveling with the campers, so she will NOT be present until after the buses arrive.

We know that parents/guardians are anxious to have their campers back after camp week, but for the safety of the overall group, we are asking that you **do NOT just take your camper(s) and go**. Signing them out is a critical first step in helping us prevent risky situations that none of us even want to imagine.



CABIN COUNSELORS

Girls' Cabin #1 (G1)--The Moon

Kloie Potts & Caylah Boldt



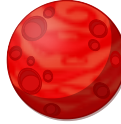
Girls' Cabin #2 (G2)--Earth

Madison Strickler & Grace Giovingo



Girls' Cabin #3 (G3) -- Mars

Eloise Rohloff & Lucy Ehlen



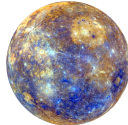
Girls' Cabin #4 (G4) -- Saturn

Ila Flath & Madeline Albrecht



Girls' Cabin #5 (G5) -- Mercury

Maya Ehlen & Mya Kuhlman



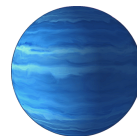
Boys' Cabin #1 (B1)--Venus

Robert Thomas & Reid Henningfeld



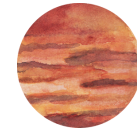
Boys' Cabin #2 (B2)--Neptune

Evan Henningfeld



Boys' Cabin #3 (B3) --Jupiter

Connor Schell & Jonah Henningfeld



Boys' Cabin #4 (B4) -- The Sun

Kenny Doane & Elijah Henningfeld



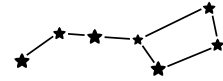
CHAPERONES

Darren Baumeister, Liz Boss (FIRST AID), Caroline Cornelison, Corey Esch, Devon Frederick, Dee Dee Giovingo, Katelyn Gonzalez, Kellie Guthrie, Jacob Hahlbeck, Heidi Harrmann, Edward Hayden, Colin Horlacher, Laura Leedle, AJ Paul, Jake Polyock, Renee Rieck, Jennifer Schell, Rick Thomas

RESOURCE COUNSELORS

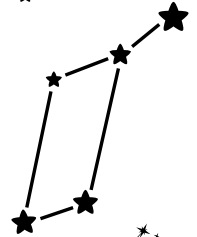
Arts & Crafts #1--Little Dipper

Makayla Potts



Arts & Crafts #2--Lyra

Ava Stone



Recreation -- Orion

Ryan Gustisha



Nature Science -- Big Dipper

Laura Williams & Georgia Esch



Skits & Songs -- Achille's Heel

Claire Holmes



JUNIOR DIRECTOR

Katie Doane--Canis Major

